



Registered Scottish Charity SC016060, Congregation Number 080454

SUNDAY 23rd January 2022

Rev Mark Smith

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YouTube: Cairn Valley Churches

- <https://us02web.zoom.us/j/86939887756>

or Telephone: 0131 460 1196 enter ID code: 869 3988 7756

PLEASE NOTE...

- *We need to take lateral flow tests before attending church for any event / service.*
- *We still need to sign in for Test and Protect*
- *We still need to wear face coverings*
- *We still need to socially distance (at least 1m)*

A Message from our Minister:

As the uncertainty continues - COVID, politics, work, finance, etc. - it is good to have something dependable to stand on. As Christians, we have Christ as our rock, our anchor, our foundation. Whatever we face, He is unchanging and will never betray our trust and faith. That is what we celebrate each Sunday as we come together to worship. We also come with our concerns, fears, and needs, seeking reassurance of His Love and Mercy and Grace. It's a great way to start the week! Join us to re-fuel, re-tune, refresh for whatever lies ahead.

God Bless, Mark

PRAYER for January: *Almighty, Infinite, Eternal God,
You stepped into the flow of time for our sake
and time itself changed for ever.
Be with us as we set out into 2022,
guide our path, guard our hearts,
and strengthen our resolve to follow You;
through Jesus Christ our Lord,
who lives and reigns with You
and the Holy Spirit, one God, now and for ever.*

PRAYER THEME - Pray for those people affected by COVID - directly or indirectly.

Next Sunday:

11.45am - Joint Worship in Dunscore Church (also on Zoom)

online: Zoom live - <https://us02web.zoom.us/j/86939887756>

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REMEMBERING JANE

Thursday 27th January is Holocaust

Memorial Day 2022. A short act of Remembrance will take place at the Memorial Cairn in Dunscore Church Car Park at 10am when we will think about Jane Haining and all victims of the Holocaust. Please come along.

Dates for the diary

Sunday 20th February - Soup and Pudding lunch 12pm- 2pm Glenriddell Hall, thanks to the Gala Committee.

Saturday 26th February - Fairtrade Big Brew.11am - 2pm. Local Stalls in church and café in the Glenriddell Hall

And keen gardeners start planting seeds for the plant sale 28th May

Eco Snippet

There is currently no plastic-free crisp packaging widely available from any brand. Although the inside of a crisp packet is shiny and looks like foil, it is in fact a metallized plastic film. Most crisp packets consist of multiple layers and because

they are currently non-recyclable they end up in landfill even cardboard tubes aren't much better as they are of mixed material and therefore difficult to recycle. So try these ...

HOMEMADE CRISPS

1 tsp veg oil; 1 potato sliced paper-thin; $\frac{1}{2}$ tsp salt

Coat potato slices evenly with veg oil

Oil large dinner plate

Arrange as many of the potato slices as possible in single layer on plate

Cook in microwave for 3-5 mins or until lightly browned (times depend on power)

Remove from plate, toss with salt/other seasonings

Repeat with remaining potato slices

First Base Food Bank

Mark Frankland of First Base has told us that they distribute around **1,400** food parcels a week. **YOU CAN:** Donate through 'Just Giving' on line -

www.justgiving.com/first-base OR Mark Frankland would be delighted to

receive cheques made out to 'The First Base Food Agency' at First Base Food

Bank 6 Buccleuch Street, Dumfries DG1 2NH. OR 'Just Giving' on line

www.justgiving.com/first-base . I will be happy to take a donation in church and

send it via Many thanks for your help. **Sheila**

Please send items for the CFNs for January to Mary Waugh on

craigeller@hotmail.co.uk